## *Social Support Received*
### *Hamby, Taylor, Smith, & Blount (2018)*

Social support received measures this concept of being the recipient of your social support network helping when you are going through tough times by providing emotional or physical support. This questionnaire has been validated to be used in youth and adult populations.

***Development and validation of measure:*** To establish reliability and validity for new and adapted items, we conducted a study with 354 adults and 440 youth participants from rural areas of the southeast, recruited through a local email classifieds list and word-of-mouth. Internal consistency (coefficient alpha) for the adult and youth sample was .87 and .80, respectively. Validity was established in the adult and youth sample with moderate to strong correlations with other measures, such as Social Support Seeking ($r=.57$; $r=.53$), Community Support ($r=.35$; $r=.32$), and Group Connectedness ($r=.42$; $r=.32$).

***Scoring:*** Each answer category was assigned a value from 4 to 1. Participant's raw scores on each item were standardized into z-scores. The scale-level mean was calculated from the item-level z-scores for participants who responded to at least half of the items on the scale, with higher scores indicating higher levels of received social support.

***Citation:***
Hamby, S., Taylor, E., Smith, A., & Blount, Z. (2018). *Resilience Portfolio Questionnaire Manual: Scales for youth.* Sewanee, TN: Life Paths Research Center.

*Think about the last time you were upset about something.*
1. Someone was there for me when I was having a hard time.

       Mostly true about me ................................ 4
       Somewhat true about me .......................... 3
       A little true about me ............................... 2
       Not true about me .................................... 1

2. Someone gave me a place where I could get away for a while.

       Mostly true about me ................................ 4
       Somewhat true about me .......................... 3
       A little true about me ............................... 2
       Not true about me .................................... 1

3. Someone helped me get my mind off things.

       Mostly true about me ................................ 4
       Somewhat true about me .......................... 3
       A little true about me ............................... 2
       Not true about me .................................... 1

4. Someone went with me to get some help.

       Mostly true about me ................................ 4
       Somewhat true about me .......................... 3
       A little true about me ............................... 2
       Not true about me .................................... 1

5. Someone comforted me.

       Mostly true about me ................................ 4
       Somewhat true about me .......................... 3

Youth